



ADOPT A TROOP CARE PACKAGE WISH LIST



The following are suggested items to include in a care package sent to our military personnel serving overseas.

Things to keep them dry, clean and comfortable

- High-quality socks (preferably black, men's & women's, cushioned)
- Soap (bar soap, shampoo, body wash, face wash, etc.)
- Toothpaste (normal size, not mini), dental floss
- Q-tips, disposable razors
- Unscented Tampons (plastic applicator only)
- Deodorant (travel size/non-aerosol)
- Sunscreen
- Hand sanitizer, Baby wipes
- Pain-relieving topical cream
- Vicks VapoRub
- Sewing kits
- Lens cleaning cloths
- Flip flop sandals (for the shower)

Things to keep them entertained / Miscellaneous

- Reading material (magazines, paperback, local newspapers)
- Travel size chess or checkers
- Handheld video games
- Board games, puzzles
- Decks of cards
- Adult coloring books with colored pencils
- Plastic model kits
- Baseball gloves/baseballs
- Batteries (AAs and AAAs)
- Pencils, pens, stationary, unused greeting cards
- 3M wall hooks
- Tape, packing tape, scotch tape, duct tape
- Ziploc bags, Plastic food storage containers
- Sweatbands
- Black sunglasses (no brand names)

Things to spice up their daily meal & hydration

- Hot sauce (e.g. Taco Bell sauce packets)
- Water flavoring (e.g. Crystal Light, Mio, powdered)
- Instant coffee, Coffee creamer, tea mixes
- Canned fruit (pop top)
- Sugar packets, ketchup packets
- Beef jerky, Slim Jim's, Corn nuts
- Protein bars, granola bars
- Cookies, crackers (wrapped)
- Licorice, Gum, candy (not chocolate)
- Pop-Tarts, instant oatmeal
- Sunflower seeds
- Nuts, trail mix, pretzels, Pringles

We can arrange for pick-up of donations or you can drop items off at:

Hopkins Elks Lodge
30 – 8th Ave South
Hopkins, MN 55343

Monday thru Saturday 11:00am – 10:00pm
Sunday 10:00am – 6:00pm

T: 952-933-2221

E: info@hopkinselks.org

W: <http://www.hopkinselks.org>

To make a financial donation or to reach us via mail:

Hopkins Elks Lodge – Adopt A Troop
P.O. Box 106, Hopkins, MN 55343

As with anything you send, it needs to be non-perishable. Sending homemade cookies or soft candies halfway around the world is generally not recommended. Must be able to fit into a 12 x 12 x 5 ½" box.